






TWIN LAKES CHRISTIAN SCHOOL COVID PLAN 2021-2022

		SCCOE, CDPH, CalOSHA SCHOOL FACILITIES GUIDANCE	TWIN LAKES CHRISTIAN SCHOOL PLAN
	Monitoring Symptoms	Implement symptom and exposure screening for all staff and students at home each day before leaving for school. Symptoms include: Fever/chills, Cough, Shortness of breath/difficulty breathing, Fatigue, Muscle/body aches, Headache, New loss of taste/smell, Sore throat, Congestion/runny nose, Nausea/vomiting, Diarrhea	All staff and students are expected to do a passive COVID screening before leaving for school. This includes reviewing all symptoms (as listed). A temperature check should be done. No one should come to school if they have a temperature of = or >100.4.
	Masks: Schools	Outdoors - Masks are optional outdoors for all in K-12 school settings. CalOSHA recommends that employees not fully vaccinated wear masks when outdoors if less than six feet from another person	Outdoors – Masks are optional outdoors for all in K-12 school settings. TLCS requires all unvaccinated staff to wear a mask outdoors if less than six feet from another person.
		Indoors - Masks are required in all classroom and school non-classroom settings, including hallways, school offices, restrooms, gyms, auditoriums, etc. Adults in K-12 school settings are required to mask when sharing indoor spaces with students. Persons exempted from wearing a face covering due to a medical condition, must wear a non-restrictive alternative, such as a face shield with a drape on the bottom edge, as long as their condition permits it.	Indoors – TLCS requires all students and staff to wear a mask in all classroom and school non-classroom settings, including hallways, school offices, restrooms, gyms, auditoriums, etc. Adults in K-12 school settings are required to mask when sharing indoor spaces with students.
		School Buses - Masks are required on school buses	N/A
	Isolation	Students and staff with COVID-19 symptoms will be instructed to isolate at home. They may discontinue isolation under the following conditions: <ul style="list-style-type: none"> ▪ At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; AND ▪ Symptom improvement; AND ▪ At least 10 days have passed since symptom onset OR Verification of a negative PCR test result; OR Medical evaluator note verifying an alternative diagnosis has been made and the symptoms are not due to COVID-19. 	Students and staff with COVID-19 symptoms will be instructed to isolate at home. They may discontinue isolation under the following conditions: <ul style="list-style-type: none"> ▪ At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; AND ▪ Symptom improvement; AND ▪ At least 10 days have passed since symptom onset OR Verification of a negative PCR test result; OR Medical evaluator note verifying an alternative diagnosis has been made and the symptoms are not due to COVID-19.

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	Ventilation	<p>For indoor locations, employers are required to evaluate how to maximize ventilation with outdoor air; the highest level of filtration efficiency compatible with the existing ventilation system; and whether the use of portable or mounted High Efficiency Particulate Air (HEPA) filtration units, or other air cleaning systems, would reduce the risk of COVID-19 transmission.</p> <p>For indoor spaces, ventilation should be optimized, which can be done by following CDPH Guidance on Ventilation and Filtration to Reduce Long-Range Airborne Transmission of COVID-19.</p>	<ul style="list-style-type: none"> • Begin each school term by installing new air filters in the HVAC system. • All HVAC systems will be inspected. • All systems will be operational. • Economizers and fresh air intakes will be adjusted to maximize fresh air. • Air quality can be tested to confirm appropriate operation. • MERV Rating (13 is optimal, 8 is minimum) will be met.
	Isolation for testing positive for COVID-19	<p>Students and staff who test positive for COVID19 must follow these protocols</p> <ul style="list-style-type: none"> ▪ Stay home for at least 5 days. ▪ Isolation can end after day 5 if symptoms are not present or are resolving and a diagnostic specimen* collected on day 5 or later tests negative. ▪ If unable to test or choosing not to test, and symptoms are not present or are resolving, isolation can end after day 10. ▪ If fever is present, isolation should be continued until fever resolves. ▪ If symptoms, other than fever, are not resolving, then continue to isolate until symptoms are resolving or until after day 10. ▪ Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings (see Section below on masking for additional information) ▪ *Antigen test preferred. 	<p>Students and staff who test positive for COVID19 must follow these protocols</p> <ul style="list-style-type: none"> ▪ Stay home for at least 5 days. ▪ Isolation can end after day 5 if symptoms are not present or are resolving and a diagnostic specimen* collected on day 5 or later tests negative. ▪ If unable to test or choosing not to test, and symptoms are not present or are resolving, isolation can end after day 10. ▪ If fever is present, isolation should be continued until fever resolves. ▪ If symptoms, other than fever, are not resolving, then continue to isolate until symptoms are resolving or until after day 10. ▪ Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings (see Section below on masking for additional information) ▪ *Antigen test preferred.

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 <p>Modified Quarantine: after exposure where both parties are wearing masks at school</p>	<p>Fully vaccinated individuals need not quarantine after exposure.</p> <p>Unvaccinated staff who have close contact to a positive case must quarantine and may return to work when 10 days have passed since the last known close contact (regardless of if both parties were wearing masks or not).</p> <p>When a student is exposed at school (more than 15 minutes over a 24-hour period within 0-6 feet) where both parties were wearing a mask in any school setting in which students are supervised by school staff (including indoor or outdoor school settings and school buses, including buses operated by public and private school systems), unvaccinated students may undergo a modified 10-day quarantine and continue to attend school if they:</p> <ul style="list-style-type: none"> • are asymptomatic; • continue to appropriately mask, as required; • undergo at least twice weekly testing during the 10-day quarantine; and • continue to quarantine for all extracurricular activities at school, including sports, and activities within the community setting. <p>Modified Quarantine may end after Day 7 if a test is collected after Day 5 from the date of last exposure, and tests negative.</p> <p>Asymptomatic close contacts must continue to self-monitor for symptoms through day 14 from last known exposure. If any symptoms develop during this 14 day period, they must immediately isolate, get tested and contact their healthcare provider.</p>	<p>Fully vaccinated individuals need not quarantine after exposure unless the exposure involves a household member.</p> <p>Unvaccinated staff who have close contact to a positive case must quarantine and may return to work when 10 days have passed since the last known close contact (regardless of if both parties were wearing masks or not).</p> <p>When a student is exposed at school (more than 15 minutes over a 24-hour period within 0-6 feet) where both parties were wearing a mask in any school setting in which students are supervised by school staff (including indoor or outdoor school settings and school buses, including buses operated by public and private school systems), unvaccinated students may undergo a modified 10-day quarantine and continue to attend school if they:</p> <ul style="list-style-type: none"> • are asymptomatic; • continue to appropriately mask, as required; • undergo at least twice weekly testing during the 10-day quarantine; and • continue to quarantine for all extracurricular activities at school, including sports, and activities within the community setting. <p>Modified Quarantine may end after Day 7 if a test is collected after Day 5 from the date of last exposure, and tests negative.</p> <p>Asymptomatic close contacts must continue to self-monitor for symptoms through day 14 from last known exposure. If any symptoms develop during this 14 day period, they must immediately isolate, get tested and contact their healthcare provider.</p>
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	<p>Quarantine at Home: after exposure when one or both parties are without a mask or exposure is not in school</p>	<p>Fully vaccinated individuals need not quarantine after exposure.</p> <p>Unvaccinated students must quarantine at home if they are exposed to a COVID-19 positive case outside of school or when one or both parties were <u>not wearing a mask</u>. Quarantine can end after Day 10 from the date of last exposure without testing; OR Quarantine can end after Day 7 if a diagnostic specimen is collected on or after Day 5 from the date of last exposure and tests negative.</p> <p>Note: Unvaccinated individuals exposed to a positive case in the home are considered continuously exposed and begin their quarantine after their positive household member completes their isolation period.</p> <p>Asymptomatic close contacts must continue to self-monitor for symptoms through day 14 from last known exposure. If any symptoms develop during this 14 day period, they must immediately isolate, get tested and contact their healthcare provider.</p>	<p>Fully vaccinated individuals need not quarantine after exposure.</p> <p>Unvaccinated students must quarantine at home if they are exposed to a COVID-19 positive case outside of school or when one or both parties were <u>not wearing a mask</u>. Quarantine can end after Day 10 from the date of last exposure without testing; OR Quarantine can end after Day 7 if a diagnostic specimen is collected on or after Day 5 from the date of last exposure and tests negative.</p> <p>Note: Unvaccinated individuals exposed to a positive case in the home are considered continuously exposed and begin their quarantine after their positive household member completes their isolation period.</p> <p>Asymptomatic close contacts must continue to self-monitor for symptoms through day 14 from last known exposure. If any symptoms develop during this 14 day period, they must immediately isolate, get tested and contact their healthcare provider.</p>
	<p>Cleaning & Disinfecting</p>	<p>Staff should clean frequently-touched surfaces at school and on school buses daily using EPA approved cleaning agents (list "N"). Buses should be thoroughly cleaned daily and after transporting any individual who is exhibiting symptoms of COVID-19. If a facility has had a sick person with COVID-19 within the last 24 hours, clean AND disinfect the spaces occupied by that person during that time.</p>	<ul style="list-style-type: none"> • Trained custodians should clean and disinfect frequently-touched surfaces once a day. • Teachers and other staff should wipe frequently touched surfaces using neutral cleaning agents as often as necessary. • All staff and students will wash hands multiple times a day.
	<p>Distancing</p>	<p>There are no distancing requirements for the classroom. On school buses, it is recommended to maximize space between students and between students and the driver, and open windows to the greatest extent practicable. Two windows on a bus should be opened fully at a minimum.</p>	<ul style="list-style-type: none"> • There are no distancing requirements.

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	<p>COVID-19 Vaccination</p>	<p>All individuals are strongly recommended to receive COVID-19 vaccines at the first opportunity to reduce the risks of contracting COVID-19 and spreading it to family members and others. Fully vaccinated individuals need not quarantine after exposure to a COVID positive case.</p>	<ul style="list-style-type: none"> ● TLCS strongly recommends but does not require staff to receive the COVID-19 vaccine.
	<p>Travel Advisory</p>	<p>California no longer has a travel advisory in effect. There is now no state requirement to test and quarantine before and after travel. CDPH encourages following CDC recommendations that unvaccinated travelers returning from travel out of the state/country to quarantine for 10 days, or 7 days if test negative 3-5 days after travel.</p>	<ul style="list-style-type: none"> ● We recommend unvaccinated travelers returning from travel out of the state/country quarantine for 10 days, or 7 days if test negative 3-5 days after travel.
	<p>COVID-19 Testing</p>	<p>Surveillance Testing is not required for asymptomatic staff. It is recommended for symptomatic individuals and for unvaccinated individuals who are exposed to a positive COVID-19 case. Employers are required to offer testing for symptomatic unvaccinated employees. CDPH strongly recommends that unvaccinated students and staff be offered regular COVID-19 screening testing. Students quarantined and still attending class (see above) must undergo at least twice weekly testing during the 10-day quarantine.</p>	<ul style="list-style-type: none"> ● The school nurse will offer regular testing/screening to unvaccinated staff.
	<p>Employee List of Vaccine Status</p>	<p>Employers may maintain a list of employees who are fully vaccinated and who are not. This can be done using a Self Reporting Tool where users upload their vaccination card (see COE version), or State Vaccine Website.</p>	<ul style="list-style-type: none"> ● Staff may voluntarily submit a copy of their vaccination card to the school nurse.

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	<p>Visitors</p>	<p>Limit nonessential visitors, volunteers and activities involving other groups at the same time. School tours are considered a non-essential activity and increase the risk of in-school transmission. Schools should review their rules for visitors and family engagement activities. Schools should limit nonessential visitors, volunteers, and activities involving external groups or organizations with people who are not fully vaccinated, particularly in areas where there is moderate-to-high COVID-19 community transmission.</p>	<ul style="list-style-type: none"> • All TLCS non-essential visitors and volunteers will be limited.
	<p>Food Services</p>	<p>Maximize physical distance as much as possible while eating (especially indoors). Using additional spaces outside of the cafeteria for mealtime seating such as classrooms or the gymnasium can help facilitate distancing. Arrange for eating outdoors as much as feasible.</p>	<ul style="list-style-type: none"> • Students will eat outdoors to the greatest extent practicable. • We will maximize physical distance as much as possible while eating (especially indoors). • Conduct daily disinfection.

Revised 1/7/2022